

	Name	club	cat	Hemelton	Pineaw Trail	Run Forest Run	Kelbrook	Weeks	Barrowford 5K	Crooked Billet Trail	Trawden Trail	Hendon Brook	Towneley 10 K	Greenway 5 K	Worsthorne	Boulsworth Fell	Best 7	best 8	best 9	best 12	Best 6	Best from 5	Best from 4	best from 3	best from 2
1	Liz Ensor	Wharfedale Harriers	F40	4	2	2		3		2	2	3		13	2		16	20	33		13	10	8	6	4
2	Rebecca Rimmington	Clayton le Moors Harriers	F	7		3	5	10	9	3		6	3	8	3		30	38	47		23	17	12	9	6
3	Josephine Wells	Rossendale Harriers	F	6	5	5	2	6	12		6						34	46			28	22	16	11	6
4	Kim Kennedy	Clayton le Moors Harriers	F40	12	7	7				8	11	8	8	17	6		55	67	84		44	36	28	20	13
5	Lucy Brown	Barlick Fell Runners	F35	11	8	10		9	17	5	8			16			67	84			51	40	30	21	13
6	Kate Griffiths	Ribble Valley Runners	F45	16	17	11		12		9	14	9	11	24			82	99	123		66	52	40	29	18
7	Heather Driver	Barlick Fell Runners	F35		14	16	6	11	24	7	12			28	15		81	105	133		65	50	36	24	11
8	Lynn Whittaker	Wharfedale Harriers	F60	19	13	15	8	13	27	13	18	19	19	79	43		99	118	137	286	80	62	47	34	21
9	Sophie Howard	Rossendale Harriers	F		10	18	10	14			17	17	12	22			98	120			80	63	46	32	20
10	Lisa Ellis	Clayton le Moors Harriers	F35	26		26	11	17	23	16	28	15	16	25	14		112	137	163		89	72	56	40	25
11	Vicky Heys	Clayton le Moors Harriers	F50			19			25	12	25	28	15	20	12		128	156			103	78	58	39	24
12	Joanne Motley	Ribble Valley Runners	F40	18	18	23		16		19	27	25	21	35			140	167	202		115	92	71	52	34
13	Michelle Young	Rossendale Harriers	F45	28		30	14	18	29	18	32	29		38	18		154	184	216		125	96	68	50	32
14	Hannah Eccles	Clayton le Moors Harriers	FJ	24	21	39	18	23	31	21	43		36	30	29		166	197	233		136	107	83	60	39
15	Hena Chaudry	Rossendale Harriers	F40	33		36	16		37	20	37	33	26		20		184	221	258		148	115	82	56	36
16	Julia Rushton	Clayton le Moors Harriers	F55	38		37	19	22	30	30			22	42	23		183	221	263		146	116	86	63	41
17	Rachael Strutz	Accrington Road Runners	F40	41	26	41	13	19	32	26			27	43			184	225	268		143	111	84	58	32
18	Irene Roche	Clayton le Moors Harriers	F60	29		27			33	23		36	25	40	21		194	234			158	125	96	69	44
19	Davina Raidy	Rossendale Harriers	F50	32		28	17		35	22	38			45	25		197	242			159	124	92	64	39
20	Sarah Jane Ashworth	Clayton le Moors Harriers	F	42	30	34			36	36	45	41	33		24		234	276	321		193	157	121	87	54
21	Janet Rogers	Worsthorne & Hurstwood RC	F60	52	36	43			38	32			39	49	31		268	320			219	176	137	99	63
22	Kate Plowright	Unattached	F50	61	44	56	31	26	45	38	71	54	45	72	39		268	322	378	582	223	178	134	95	57

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