

	Name	club	cat	Hamelton	Pinaw Trail	Run Forrest Run	Kelbrook	Weeks	Barrowford 5K	Crooked Billet Trail	Trawden Trail	Hendon Brook	Towneley 10 K	Best 6	Best 7	best 8	best 9	best 10
1	Liz Ensor	Wharfedale Harriers	F40	4	2	2		3		2	2	3		14	18	-	-	-
2	Rebecca Rimmington	Clayton le Moors Harriers	F	7		3	5	10	9	3		6	3	27	36	46	-	-
3	Josephine Wells	Rossendale Harriers	F	6	5	5	2	6	12		6			30	42	-	-	-
4	Kim Kennedy	Clayton le Moors Harriers	F40	12	7	7				8	11	8	8	49	61	-	-	-
5	Lucy Brown	Barlick Fell Runners	F35	11	8	10		9	17	5	8			51	68	-	-	-
6	Kate Griffiths	Ribble Valley Runners	F45	16	17	11		12		9	14	9	11	66	82	99	-	-
7	Heather Driver	Barlick Fell Runners	F35		14	16	6	11	24	7	12			66	90	-	-	-
8	Sophie Howard	Rossendale Harriers	F		10	18	10	14			17	17	12	80	98	-	-	-
9	Lynn Whittaker	Wharfedale Harriers	F60	19	13	15	8	13	27	13	18	19	19	80	99	118	137	164
10	Diane Haggar	Ribble Valley Runners	F55	15	16	14	9			14	24			92	-	-	-	-
11	Lisa Ellis	Clayton le Moors Harriers	F35	26		26	11	17	23	16	28	15	16	98	124	150	178	-
12	Joanne Motley	Ribble Valley Runners	F40	18	18	23		16		19	27	25	21	115	140	167	-	-
13	Vicky Heys	Clayton le Moors Harriers	F50			19			25	12	25	28	15	124	-	-	-	-
14	Michelle Young	Rossendale Harriers	F45	28		30	14	18	29	18	32	29		136	166	198	-	-
15	Hannah Eccles	Clayton le Moors Harriers	FJ	24	21	39	18	23	31	21	43		36	138	174	213	256	-
16	Rachael Strutz	Accrington Road Runners	F40	41	26	41	13	19	32	26			27	143	184	225	-	-
17	Julia Rushton	Clayton le Moors Harriers	F55	38		37	19	22	30	30			22	160	198	-	-	-
18	Hena Chaudry	Rossendale Harriers	F40	33		36	16		37	20	37	33	26	164	201	238	-	-
19	Davina Raidy	Rossendale Harriers	F50	32		28	17		35	22	38			172	-	-	-	-
20	Irene Roche	Clayton le Moors Harriers	F60	29		27			33	23		36	25	173	-	-	-	-
21	Sarah Jane Ashworth	Clayton le Moors Harriers	F	42	30	34			36	36	45	41	33	210	252	297	-	-
22	Christine Smith	Rossendale Harriers	F45	50	38	47	25		39	34	63	50	41	224	274	324	387	-
23	Keeley Crabtree	Unattached	F45	62	43	57	32	27	42	37	72		46	227	284	346	418	-
24	Kate Plowright	Unattached	F50	61	44	56	31	26	45	38	71	54	45	229	283	339	400	471
25	Janet Rogers	Worsthorne & Hurstwood RC	F60	52	36	43			38	32			39	240	-	-	-	-
26	Karin Goss	Clayton le Moors Harriers	F70	63	46	62	28	28	46	44	86	68	49	241	303	366	434	520
27	Eileen Wadsworth	Rossendale Harriers	F60			48	24		40	33	60		38	243	-	-	-	-
28	Lynne Hawthornthwaite	Trawden AC	F40	66	52	64	35	31	43	46	91	64	47	254	318	382	448	539
29	Clare Mead	Trawden AC	F50	67	51	66	34	30	44	47	93	65	50	256	321	387	454	547
30	Hilary Farren	Rossendale Harriers	F55	65	45	60	27	29		41	80			267	347	-	-	-
31	Christine Leathley	Clayton le Moors Harriers	F70	70	53	68	33		48	48			56	306	376	-	-	-
32	Julie Carman	Trawden AC	F65	64		63	29		47	42	83			328	-	-	-	-
33	Emily Nolan	Ribble Valley Runners	F35			17			13	25	19	13		-	-	-	-	-
34	Dawn Ridsdale	Clayton le Moors Harriers	F35			20	12		22			21	18	-	-	-	-	-
35	Vanessa McCartney	Worsthorne & Hurstwood RC	F45	40	28		15					45	32	-	-	-	-	-
36	Jane Ryan	Clayton le Moors Harriers	F45	45			22	21			47		35	-	-	-	-	-
37	Sharon Wilson	Clayton le Moors Harriers	F45			65		32		45		66	53	-	-	-	-	-
38	Laura Hesketh	Unattached	F35						2	1	1		1	-	-	-	-	-
39	April Thorpe	U/A	F				4				3	2	2	-	-	-	-	-
40	Jacqueline Collins	Barlick Fell Runners	F40		4		3	5				5		-	-	-	-	-
41	Anne Hindle	Rossendale	F50							4	20	4	4	-	-	-	-	-
42	Joanne Cleaver	Rossendale Harriers	F35						20	10	16		14	-	-	-	-	-
43	Jayne Butterworth	Skipton AC	F55	14	19	22							23	-	-	-	-	-
44	Sarah Whittaker	Clayton-le-Moors	F40		24			24	34				28	-	-	-	-	-
45	Sissel Lundberg-Bury	Rossendale Harriers	F55	37	31	40						37		-	-	-	-	-
46	Pamela Moriarty	Holcombe Harriers	F45		35	46					46	46		-	-	-	-	-
47	Lorna Holt	Rossendale Harriers	F45	51	41	58		25						-	-	-	-	-
48	Helen Beech	Trawden AC	F40		48	59				43			48	-	-	-	-	-
49	Eve Hartley	Clayton-le-Moors	FJ		1	1	1							-	-	-	-	-
50	Laura Craig	Barlick Fell Runners	F	3	3				8					-	-	-	-	-
51	Helen Roden	Ribble Valley Runners	F35			6			11	6				-	-	-	-	-
52	Heather Dalglish	Rossendale Harriers	F40	10	12	9								-	-	-	-	-
53	Louise Hargreaves	Trawden AC	F40								22	20	13	-	-	-	-	-
54	Lisa Stansfield	Rossendale Harriers	F45	25	22			15						-	-	-	-	-
55	Julie Townson	Trawden AC	F60	20							30	27		-	-	-	-	-
56	Alexandra Mikita	Worsthorne & Hurstwood RC	F40			35				28		42		-	-	-	-	-
57	Nicky Spencer	Ribble Valley Runners	F50			42				24		47		-	-	-	-	-
58	Katharine Gregson	Accrington Road Runners	F45	56							35	30		-	-	-	-	-
59	Nicola Spencer	Clayton le Moors Harriers	F40	49	40	49								-	-	-	-	-
60	Louise Gaskell	Unattached	F40			53				39		53		-	-	-	-	-
61	Claire Dandridge	U/A	F45		42	51					62			-	-	-	-	-
62	Sharon Webber	Trawden AC	F45			67					92	67		-	-	-	-	-
63	Hannah Jarvis	Barlick Fell Runners	F					1				1		-	-	-	-	-
64	Hannah Thornberry	Ribble Valley Runners	F40						10				5	-	-	-	-	-
65	Lisa Parker	Accrington Road Runners	F40	5					15					-	-	-	-	-
66	Wendy Barrett	Accrington Road Runners	F35						14				6	-	-	-	-	-
67	Barbara Savage	Clayton le Moors Harriers	F55	17			7							-	-	-	-	-
68	Laura Monighan	Trawden AC	F35						18			12		-	-	-	-	-
69	Michelle Sumner	Clayton le Moors Harriers	F	21								16		-	-	-	-	-
70	Clara Duffy	Clayton-le-Moors	FJ		9								31	-	-	-	-	-
71	Gillian Doolan	Stockport Tri Club	F50		20	25								-	-	-	-	-
72	Bella Grimshaw	Clayton le Moors Harriers	F45						28			24		-	-	-	-	-
73	Debra Leah	Trawden AC	F50			31				27				-	-	-	-	-
74	Vanessa Halstead	Worsthorne & Hurstwood RC	F40	31		29								-	-	-	-	-
75	Sara Jacobs	Fell Runners Association	F55	47			20							-	-	-	-	-
76	Ruth Stunell	Rossendale Harriers	F40	48				20						-	-	-	-	-
77	Julie Balchin	U/A	F55							35			44	-	-	-	-	-
78	Lisa Corbett	Rossendale Harriers	F50		37	45								-	-	-	-	-
79	Hayley Copeman	Worsthorne & Hurstwood RC	F50			33						51		-	-	-	-	-
80	Kathryn Davies	Radcliffe AC	F55									38		-	-	-	-	-
81	Janet Hoyle	Accrington Road Runners	F60			54							43	-	-	-	-	-
82	Helen Harrison	Clayton le Moors Harriers	F50			52						58		-	-	-	-	-
83	Briony Holt	Clayton le Moors Harriers	FJ	1										-	-	-	-	-
84	Helen Smith	Unattached	F35						1					-	-	-	-	-
85	Emma Taylor	Barlick Fell Runners	F					2						-	-	-	-	-
86	Louisa Powell-Smith	Clayton le Moors Harriers	F40	2										-	-	-	-	-
87	Isabel Holt	Blackburn Harriers	FJ						3					-	-	-	-	-
88	Alice Jones	Wharfedale Harriers	FJ						4					-	-	-	-	-
89	Annabel Mason	Wharfedale Harriers	F					4						-	-	-	-	-
90	Candice Heys	British Triathlon	F40			4								-	-	-	-	-
91	Victoria Mousley	Fra	F40								4			-	-	-	-	-
92	Alia Braithwaite	Prestwich Athletic Club	F								5			-	-	-	-	-

93	Sophie Pilkington	Red Rose Road Runners	F						5					-	-	-	-	-
94	Catherine White	Wharfedale Harriers	F40		6									-	-	-	-	-
95	Ellen Sagar-Hesketh	Blackburn Harriers	F						6					-	-	-	-	-
96	Claire Leaver-Hewitt	Holmfirth Harriers	F40						7					-	-	-	-	-
97	Ellie Child	Skipton AC	FS										7	-	-	-	-	-
98	Fiona Williams	Rochdale Harriers	FS									7		-	-	-	-	-
99	Hannah Goldswain	Rossendale Harriers	F					7						-	-	-	-	-
100	Rachel Carter	Ilkley Harriers	F45									7		-	-	-	-	-
101	Catherine Darbyshire	Accrington Road Runners	F45	8										-	-	-	-	-
102	Claire Vincent	Unattached	F35			8								-	-	-	-	-
103	Katie Atherton	Keighley & Craven AC	F40					8						-	-	-	-	-
104	Janine Needham	Red Rose Road Runners	F45									9		-	-	-	-	-
105	Kathryn Miller	Clayton le Moors Harriers	F45	9										-	-	-	-	-
106	Rachel Gaunt	Skipton AC	F55											-	-	-	-	-
107	Amber Pilkington	Chorley Athletic and Triathlon Club	FU21									10		-	-	-	-	-
108	Amy Lewis	Skipton AC	F35											-	-	-	-	-
109	Brontie Hladysh	Accrington Road Runners	FS										10	-	-	-	-	-
110	Hannah Newbold	Barlick Fell Runners	F		11									-	-	-	-	-
111	Janice Davies	Ribble Valley Runners	F50										11	-	-	-	-	-
112	May Gray	U/A	F40							11				-	-	-	-	-
113	Bev Southworth	Trawden AC	F45			12								-	-	-	-	-
114	Alison Mort	Horwich RMI Harriers	F40	13										-	-	-	-	-
115	Anya Townsend	Chorley Athletic and Triathlon Club	F									13		-	-	-	-	-
116	Lianne Belshaw	Trawden AC	F40			13								-	-	-	-	-
117	Emma Cameron	Goyt Valley Striders	FS										14	-	-	-	-	-
118	Emma Pease	Barlick Fell Runners	F40		15									-	-	-	-	-
119	Laura Murphy	Chorley Athletic and Triathlon Club	F45									15		-	-	-	-	-
120	Louise Hargraves	Trawden	F40							15				-	-	-	-	-
121	Ellie Richardson	Rossendale Harriers	FJ						16					-	-	-	-	-
122	Catherine Britcliffe	Ribble valley Runners	F50							17				-	-	-	-	-
123	Tj Ellis	Clayton le Moors Harriers	FJ											-	-	-	-	-
124	Helen Read	Ribble Valley Tri Club	F45										18	-	-	-	-	-
125	Cara Bintlcliffe	Halifax Harriers & AC	F						19					-	-	-	-	-
126	Dany Robson	Unattached	F50											-	-	-	-	-
127	Fran Connolly	Blackpool Wyre & Fylde Athletic Club	F40									21		-	-	-	-	-
128	Helen Hyder	Ramsbottom Running Club	F40			21								-	-	-	-	-
129	Kate Pomfret	Blackburn Road Runners	F50				21							-	-	-	-	-
130	Sally Malir	Ilkley Harriers	ND						21					-	-	-	-	-
131	Rebecca Day	Goyt Valley Striders	F40										22	-	-	-	-	-
132	Teresa de Curtis	Clayton le Moors Harriers	F50	22										-	-	-	-	-
133	Basia Pawezczak	Blackpool Wyre & Fylde AC	F		23									-	-	-	-	-
134	Cath Wilson	Rossendale Harriers	F40	23										-	-	-	-	-
135	Miriam Hamilton	Blackburn Road Runners	F				23							-	-	-	-	-
136	Samantha Edwards	Red Rose Road Runners	F35									23		-	-	-	-	-
137	Tanya King	Rossendale Harriers	F40									23		-	-	-	-	-
138	Bethan Walton	Accrington Road Runners	F			24								-	-	-	-	-
139	Mary Dootson	Skipton AC	FS											-	-	-	-	-
140	Katie Walker	U/A	F		25									-	-	-	-	-
141	Louise Abdy	Todmorden Harriers	F60				26							-	-	-	-	-
142	Madeline Hopkinson	Rossendale Harriers	F40						26					-	-	-	-	-
143	Mary Jones	Goyt Valley Striders	F50										26	-	-	-	-	-
144	Rebecca Ward	Chorley Athletic and Triathlon Club	F40									26		-	-	-	-	-
145	Darwen Dashers	Darwen Dashers	F55	27										-	-	-	-	-
146	Sasha Mikita	Worsthorne with Hurstwood	F40		27									-	-	-	-	-
147	Hilary Seward	Skipton AC	F55											-	-	-	-	-
148	Jean Knightley	Clayton	F60								29			-	-	-	-	-
149	Maggie Bugler	Barlick Fell Runners	F55		29									-	-	-	-	-
150	Rach Garner	Prestwich Athletic Club	F50									29		-	-	-	-	-
151	Rachel Pepper	Baxenden Running Bugs	F45	30										-	-	-	-	-
152	Rowena Garton	Skipton AC	F45											-	-	-	-	-
153	Ita Kelly	Goyt Valley Striders	F55									31		-	-	-	-	-
154	Jo Houghton	Prestwich	F55								31			-	-	-	-	-
155	Lisa Ingham	Blackburn Road Runners	F50									31		-	-	-	-	-
156	Catherine Wilson	Rossendale Harriers	F40			32								-	-	-	-	-
157	Jill Maxfield	Trawden AC	F40		32									-	-	-	-	-
158	Karen Holland	Unattached	F50										32	-	-	-	-	-
159	Megan Worswick	U/A	F		33									-	-	-	-	-
160	Tanya Bunkham	Trawden AC	F									33		-	-	-	-	-
161	Angela Dowbiggin	Skipton AC	F50											-	-	-	-	-
162	Claire Markham	Lytham St Annes RR	F45	34										-	-	-	-	-
163	Julia Carter	Goyt Valley Striders	F45										34	-	-	-	-	-
164	Laura Goodrick	U/A	F		34									-	-	-	-	-
165	Rachael Shaw	Shaw Hill Runners	F									34		-	-	-	-	-
166	Julia Jones	Unattached	F55										35	-	-	-	-	-
167	Nicola Kitchin	Unattached	F50	35										-	-	-	-	-
168	Christine Warrington	Blackburn Road Runners	F45				36							-	-	-	-	-
169	Linda Edmondson	WFRA	F60	36										-	-	-	-	-
170	Pauline Naylor	Queensbury	F60									36		-	-	-	-	-
171	Stacy Feeney	Unattached	F40											-	-	-	-	-
172	Gail Bamber	Blackburn Road Runners	F50			38								-	-	-	-	-
173	Amanda Fuller	Blackpool Wyre & Fylde AC	F45		39									-	-	-	-	-
174	Anneke Crosby	Red Rose Road Runners	F55									39		-	-	-	-	-
175	Julia Rolfe	Lytham St Annes RR	F55	39										-	-	-	-	-
176	Tracey Mullan	Thornton and Cleveleys Running Club	F45									39		-	-	-	-	-
177	Chris Rose	Skipton AC	F65											-	-	-	-	-
178	Gillian Middlemas		F60									40		-	-	-	-	-
179	Judi Ingham	Red Rose Road Runners	F50										40	-	-	-	-	-
180	Tori Bryant	Rossendale	F								40			-	-	-	-	-
181	Kelly Connolly	Unattached	F						41					-	-	-	-	-
182	Patricia Gill	Skipton AC	F55									41		-	-	-	-	-
183	Evvie Feingold	Prestwich Athletic Club	F50									42		-	-	-	-	-
184	Heather Rostron	Unattached	FS											-	-	-	-	-
185	Rebecca Glen	Goyt Valley Striders	F45										43	-	-	-	-	-
186	Sarah Mackrell	Worsthorne & Hurstwood RC	F45	43										-	-	-	-	-
187	Alex Gould	Unattached	FS										44	-	-	-	-	-
188	Angela Hannan	Unattached	F40	44										-	-	-	-	-
189	Elaine Corcoran	Trawden AC	F40			44								-	-	-	-	-
190	Georgia Brennan		F									44		-	-	-	-	-
191	Olga Wiggins	Preston Harriers	F40	46										-	-	-	-	-
192	Marie Christian	Rossendale Harriers	F75		47									-	-	-	-	-
193	Margaret Worbey	Red Rose Road Runners	F40										48	-	-	-	-	-
194	Paula Plowman	Red Rose Road Runners	F55										48	-	-	-	-	-
195	Christie-Anne Cunningham	Labc Runners	F45										49	-	-	-	-	-

196	Denise Owen	Rossendale Harriers	F50		49									-	-	-	-	-
197	Elizabeth Holden	Unattached	F50						49					-	-	-	-	-
198	Lindsay Whitham	Trawden AC	F40									49		-	-	-	-	-
199	Abigail Hepworth	U/A	F		50									-	-	-	-	-
200	Maxine Morton		F45								50			-	-	-	-	-
201	Susan Hird	Barlick Fell Runners	F65		50			wn						-	-	-	-	-
202	Deborah Hurst		F45								51			-	-	-	-	-
203	Diane Ford	Ramsbottom Running Club	F45										51	-	-	-	-	-
204	Angela Howarth	Unattached	F50								52			-	-	-	-	-
205	Helen Gray	Goyt Valley Striders	F55									52		-	-	-	-	-
206	Hannah Caulfield		F40								53			-	-	-	-	-
207	Xuejun Shirley Yuan	Accrington Road Runners	F45	53										-	-	-	-	-
208	Alice Kirwan	Prestwich Athletic Club	F								54			-	-	-	-	-
209	Julie Wrigley	Accrington Road Runners	F50	54										-	-	-	-	-
210	Karen Figiel	Accrington Road Runners	F60											54	-	-	-	-
211	Cath Kippax	Running4CF	F45									55		-	-	-	-	-
212	Jane Hylands	Clayton le Moors Harriers	F50		55									-	-	-	-	-
213	Karen Goldswain	Rossendale Harriers	F55								55			-	-	-	-	-
214	Pamela McCullagh	Accrington Road Runners	F45	55										-	-	-	-	-
215	Viki Walsh	Darwen Dashers	F40											55	-	-	-	-
216	Anna Forrester	Unattached	F								56			-	-	-	-	-
217	Claire Elsworth	Goyt Valley Striders	F45									56		-	-	-	-	-
218	Caitlin Brown		F								57			-	-	-	-	-
219	Katie Skelton	Running4CF	F35									57		-	-	-	-	-
220	Vron Walker	Wesham Road Runners	F	57										-	-	-	-	-
221	Louise Lord	Wesham Road Runners	F45	58										-	-	-	-	-
222	Sarah Marsden		F45									58		-	-	-	-	-
223	Donna Airey	Unattached	F40									59		-	-	-	-	-
224	Jennifer Burtonwood	Blackpool Wyre & Fylde Athletic Club	F55								59			-	-	-	-	-
225	Sally Deacon	Wesham Road Runners	F55	59										-	-	-	-	-
226	Jenny Mabbutt	Unattached	F40	60										-	-	-	-	-
227	Lucy Scott	Clayton le Moors Harriers	F35									60		-	-	-	-	-
228	Alison Mercer	Red Rose Road Runners	F60								61			-	-	-	-	-
229	Karen Clarkin	Clayton le Moors Harriers	F45									61		-	-	-	-	-
230	Wendy Schofield	Unattached	F55		61									-	-	-	-	-
231	Janette Hall	Clayton le Moors Harriers	F45									62		-	-	-	-	-
232	Judith Carey	Clayton le Moors Harriers	F40										63	-	-	-	-	-
233	Cheryl Schofield	Lonely Goat	F45								64			-	-	-	-	-
234	Rebecca Barnes		F45									65		-	-	-	-	-
235	Janet Peterson		F55									66		-	-	-	-	-
236	Gillian Kershaw	Labc Runners	F55									67		-	-	-	-	-
237	Anita Rostas	Unattached	F									68		-	-	-	-	-
238	Debbie Myerscough	Wesham Road Runners	F55	68										-	-	-	-	-
239	Annette Spokes-Ellis	Rossendale Harriers	F45		69									-	-	-	-	-
240	Elizabeth Calvert	Prestwich Athletic Club	F45									69		-	-	-	-	-
241	Gabrielle Lee	Unattached	F	69										-	-	-	-	-
242	Suzanne Brennan		F50									70		-	-	-	-	-
243	Emma Quinn	Fylde Coast Runners	F40									73		-	-	-	-	-
244	Dawn Saunders	Thornton and Cleveleys Running Club	F50									74		-	-	-	-	-
245	Leanne Batty	Thornton and Cleveleys Running Club	F40									75		-	-	-	-	-
246	Rachel Fryers		F45									76		-	-	-	-	-
247	Emma Wilkinson		F40									77		-	-	-	-	-
248	Claire St. John	Blackpool Wyre & Fylde Athletic Club	F40									78		-	-	-	-	-
249	Claire Dunn	Blackpool Wyre & Fylde Athletic Club	F									79		-	-	-	-	-
250	Lisa Fenton	Labc Runners	F45									81		-	-	-	-	-
251	Heidi Hird	Blackburn Road Runners	F45									82		-	-	-	-	-
252	Laura Dalton	Blackpool Wyre & Fylde Athletic Club	F40									84		-	-	-	-	-
253	Elizabeth Allison	Trawden AC	F55									85		-	-	-	-	-
254	Karen Smith	Thornton and Cleveleys Running Club	F55									87		-	-	-	-	-
255	Julie Marsden	Blackburn Road Runners	F45									88		-	-	-	-	-
256	Wendy Hope	Blackpool Wyre & Fylde Athletic Club	F45									89		-	-	-	-	-
257	Nina Watters	Red Rose Road Runners	F									90		-	-	-	-	-