

pos	Name	club	cat	Sadden Trail	Trawden Trail	Hendon Brook	Towneley 10K	Greenway 5K	Hameldon	Pinaw Trail	Run Forrest Run	best from 3	Best 7	Best 6	Best from 5	Best from 4	best from 2	Best from 1
1	Hannah Jarvis	Accrington Road Runners	F35			1		1	1	2	1	3			6	4	2	1
2	Emma Richardson	Rossendale Harriers	F				1	2	3		2	5				8	3	1
3	April Thorpe	Unattached	F		2	2			2	4		6				10	4	2
4	Molly Ralphson	Barlick Fell Runners	F45	2	5	5	2	3	5	5	6	7	27	22	17	12	4	2
5	Jacqueline Collins	Barlick Fell Runners	F40	1	6	3				9	4	8			23	14	4	1
6	Liz Ensor	Wharfedale Harriers	F40		3			4	4	3	3	9			17	13	6	3
7	Sophie Pilkington	Red Rose Road Runners	F	3			4	5			5	12				17	7	3
8	Catherine Derbyshire	Accrington Road Runners	F45	4	9		7		7		8	18			35	26	11	4
9	Laura Craig	Barlick Fell Runners	F		8		9	7	6	7		20			37	28	13	6
10	Sue Burns	Unattached	F60	7			6	8	8	11	11	21		51	40	29	13	6
11	Lucy Brown	Barlick Fell Runners	F35	6	13	10			9	14		25			52	38	15	6
12	Sophie Howard	Rossendale Harriers	F	5			11	12	11	12	14	27		65	51	39	16	5
13	Michelle Abbott	Clayton-le-Moors Harriers	F40				8	11		10		29					18	8
14	Dawn Ridsdale	Clayton-le-Moors Harriers	F35	8	14	8	21		19	21	19	30	110	89	68	49	16	8
15	Hayley Whitehead	Barlick Fell Runners	F		11					13	12	36					23	11
16	Julie Townson	Trawden AC	F60	11	12	14		14		18		37			69	51	23	11
17	Dany Robson	Unattached	F50	13	16	13	13	17		19	24	39	115	91	72	55	26	13
18	Clare Smallwood	Keighley & Craven AC	F50				12	15	14	23	18	41			82	59	26	12
19	Barbara Savage	Clayton-le-Moors Harriers	F55				17		10	15		42					25	10
20	Emma Pease	Barlick Fell Runners	F40	9	22		16					47					25	9
21	Tracy Mitchell	Clayton Le Moor Harriers	F45		17		14	16				47					30	14
22	Michelle Sumner	Clayton-le-Moors Harriers	F40	50	24	16	15	18	17	35	20	48	145	110	86	66	31	15
23	Hannah Newbold	Barlick Fell Runners	F				20		12	17	25	49				74	29	12
24	Katharine Gregson	Accrington Road Runners	F45	22	46	18		20	26	16	21	54	169	123	97	75	34	16
25	Davina Raidy	Rossendale Harriers	F50	17	25		25	25	16	24		57		132	107	82	33	16
26	Irene Roche	Clayton-le-Moors Harriers	F60	23		22	18	21	20		28	59		132	104	81	38	18
27	Janette Wallis	Clayton-le-Moors Harriers	F55	16			27	23	21		30	60			117	87	37	16
28	Lynn Whittaker	Wharfedale Harriers	F55	19	30		22	22	22	20	27	61	162	132	105	83	39	19
29	Emily Nolan	Ennerdale Road Runners	F35	20	26	17						63					37	17
30	Katie Towers	Barlick Fell Runners	F35	26	27	15				25	31	66			124	93	40	15
31	Stephanie Mcardle-Watson	Trawden AC	F		28	19	19					66					38	19
32	Lisa Ingham	Blackburn Road Runners	F50	18	31				18			67					36	18
33	Gemma Carson	Barlick Fell Runners	F35	24	34		24	24		22	29	70		157	123	94	46	22
34	Lisa Ellis	Clayton-le-Moors Harriers	F35	37	45	27	26	27	24	27	37	77	205	168	131	104	50	24
35	Nicola Muller	Barlick Fell Runners	F45			20				26	32	78					46	20
36	Joanne Motley	Clayton-le-Moors Harriers	F35	21				33		29	34	83				117	50	21
37	Sissel Lundberg-Bury	Rossendale Harriers	F55	46	53	29	42	41	23	32	40	84	253	207	165	124	52	23
38	Vanessa Mccartney	Worsthorne with Hurstwood	F45	32	47	33	28	40	27	31	38	86	229	189	151	118	55	27
39	Gail Bamber	Blackburn Road Runners	F45	27	36			35	25			87				123	52	25
40	Alexandra Mikita	Worsthorne with Hurstwood	F40	30		36	31	39	30	30	33	90	229	190	154	121	60	30
41	Julia Rushton	Clayton-le-Moors Harriers	F55	39	41			26	28	36	54	90		224	170	129	54	26
42	Helen Harrison	Clayton-le-Moors Harriers	F50	41	44	30	30	36				96			181	137	60	30
43	Debra Leah	Trawden AC	F50	38		32	32	37	35		46	99		220	174	136	64	32
44	Hayley Copeman	Worsthorne with Hurstwood Harriers	F50	42	48	37	33		39	38	49	108	286	237	189	147	70	33
45	Sarah Jane Ashworth	Clayton-le-Moors Harriers	F35	43		31	36	42			52	109			204	152	67	31
46	Jessica Dixon	Trawden AC	F	45	81	39	39	55	34	37	53	110	302	247	194	149	71	34
47	Rachel Gilmore	Clayton-le-Moors Harriers	F50	44	52		38	43	31		43	112		251	199	155	69	31
48	Sharon Webber	Trawden AC	F45	53	77	56	48	54	36	41	62	125	350	288	232	178	77	36
49	Janet Rogers	Worsthorne with Hurstwood	F60	47			37	44				128					81	37
50	Karin Goss	Clayton-le-Moors Harriers	F70	67	85		53	59	38	45	67	136	414	329	262	195	83	38
51	Cath Kippax	Running4CF	F45	57		42		38				137					80	38
52	Helen Beech	Trawden AC	F35	65	94		44	50		44	60	138		357	263	198	88	44
53	Clare Mead	Trawden AC	F50	70	87	59	50	56	41	48	70	139	394	324	254	195	89	41
54	Rebecca Bradshaw	Trawden AC	F		50	41					48	139					89	41
	Lynne Hawthornthwaite	Trawden AC	F40															
55				69	88	60	51	58	40	49	69	140	396	327	258	198	89	40
56	Maxine Betts	Trawden AC	F50	61	93		41	47			57	145			299	206	88	41
57	Gillian Greenwood	Trawden AC	F55	66	97		54	61		46	65	161		389	292	226	100	46
58	Karen Windle	Trawden AC	F60		64	51		52			58	161				225	103	51
59	Caroline Richards	Worsthorne with Hurstwood	F50	59	75	47						181					106	47
60	Christine Leathley	Clayton-le-Moors Harriers	F70					69		47	72	188					116	47
61	Linda Ensby	Trawden AC	F55		98		55	62				215					117	55
62	Sharon Wilson	Clayton-le-Moors Harriers	F45	71	100			64				235					135	64
63	Helen Smith	Ribble Valley Harriers	F		1					1							2	1
64	Amy Mckechnie	Queensbury	F40		4			3									7	3
65	Miranda Bower	Barlick Fell Runners	F					5		6							11	5
66	Emma Taylor	Barlick Fell Runners	F			4				8							12	4

67	Jo Perry	Trawden AC	F40	10	7				17	7	
68	Lisa Miles	Littleborough Runners	F50	18	9				27	9	
69	Teresa De Curtis	Clayton-le-Moors Harriers	F45	10	21				31	10	
70	Fran Connolly	Blackpool Wyre & Fylde Athletics Club	F40		21		15		36	15	
71	Jen Sethi	Trawden AC	F		32	23			55	23	
72	Sophie Ashworth	Clayton-le-Moors Harriers	FJ	25	38				63	25	
73	Rebecca Pickering	Unattached	F	34			32		66	32	
74	Kate Griffiths	Unattached	F45	36			31		67	31	
75	Tessa Walmsley	Trawden AC	F35	33	42				75	33	
76	Sheila Shackleton	Todmorden Harriers	F60			43		39	82	39	
77	Jennifer Burtonwood	Blackpool Wyre & Fylde Athletics Club	F55		51		32		83	32	
78	Helen Binns	Ramsbottom Running Club	F45		43			41	84	41	
79	Rachael Strutz	Unattached	F40	51	40				91	40	
80	Cheryl Rickwood	Blackpool Wyre & Fylde Athletics Club	F40		62		33		95	33	
81	TJ Ellis	Clayton-le-Moors Harriers	FJ	68			29		97	29	
82	Eileen Wadsworth	Rossendale Harriers	F60				46	51	97	46	
83	Elouise Sylkie Pemberton	Trawden AC	F		65		34		99	34	
84	Hilary Farren	Rossendale Harriers	F55					42	63	105	42
85	Claire Dandridge	Unattached	F45				48		64	112	48
86	Christine Smith	Rossendale Harriers	F45	64			49			113	49
87	Jen Royle	Running4CF	F45	58		55				113	55
88	Anne Beech	Barlick Fell Runners	F50	48	68					116	48
89	Marissa Mcphillips	Ramsbottom Running Club	F45		71			59		130	59
90	Emma Greenwood	Worsthorne with Hurstwood	F45	60	73					133	60
91	Julie Carman	Trawden AC	F65		95		67			162	67
92	Karen Figiel	Accrington Road Runners	F55		96			71		167	71
93	Rebecca Rimmington	Clayton-le-Moors Harriers	F35				6			6	
94	Victoria Rogan	Trawden AC	F35			6				6	
95	Alice Bernstein	Ramsbottom Running Club	F35					7		7	
96	Christina Singleton	Unattached	F40		7					7	
97	Claire Vincent	Clayton-le-Moors Harriers	F35				9			9	
98	Paula Pilling	Ramsbottom Running Club	F45					9		9	
99	Hannah Thornberry	Ribble Valley Runners	F40				10			10	
100	Lisa Parker	Accrington Road Runners	F40				10			10	
101	Louise Waller	Rossendale Harriers	F35					10		10	
102	Janette Rayton	Red Rose Road Runners	F40			11				11	
103	Isabel Hartley	Clayton-le-Moors Harriers	FJ	12						12	
104	Marta Czezelewska	Unattached	F40			12				12	
105	Helen Roden	Ribble Valley Runners	F35				13			13	
106	Jacqueline Shaw	Unattached	F50				13			13	
107	Josephine Wells	Rossendale Harriers	F					13		13	
108	Deborah Robinson	Blackburn Road Runners	F35	14						14	
109	Hannah Eccles	Clayton-le-Moors Harriers	FJ	15						15	
110	Jenny Salerno	Ramsbottom Running Club	F35					15		15	
111	Rebecca Ward	Chorley Athletic and Tri Club	F		15					15	
112	Natalie Ormerod	Unattached	F40					17		17	
113	Hayley Haworth	Thornton Cleveleys Running Club	F		19					19	
114	Laura Butler	Unattached	F35				19			19	
115	Zoe Smith	Keighley and Craven	F		20					20	
116	Camille Askins	Keighley & Craven AC	F50					22		22	
117	Heidi O'Shea	Holmfirth Harriers	F40				23			23	
118	Jude Wall	Manchester Tri Club	F45					23		23	
119	Wendy Barrett	Unattached	F		23					23	
120	Rachel Robinson	Unattached	F35			24				24	
121	Helen Walsh	Unattached	F			25				25	
122	Eve Hart	Ramsbottom Running Club	F40					26		26	
123	Vicky Thornton	Unattached	F			26				26	
124	Louane Frances	Trawden AC	F40			28				28	
125	S. Posthuma De Boer	Ribble Valley Runners	F40				28			28	
126	Sarah Whittaker	Clayton-le-Moors Harriers	F40					28		28	
127	Victoria Lingard	Unattached	F50	28						28	
128	Heather Rostron	Todmorden Harriers	F40				29			29	
129	Jane Leonard	Todmorden Harriers	F60					29		29	
130	Justine Jordan	Trawden AC	F45		29					29	
	Natasha Meadowcroft	Baxenden Running Bugs	F								
131				29						29	
132	Helen Jordan	Unattached	F35				30			30	
133	Elaine Corcoran	Trawden AC	F40	31						31	
134	Elizabeth Guirguis	Prestwich Ac	F45		33					33	
135	Grace Conn	N/A	F					33		33	
136	Margaret Worbey	Red Rose Road Runners	F40			34				34	
137	Rachel Strutz	N/A	F40					34		34	
138	Anneke Crosby	Red Rose Road Runners	F55			35				35	
139	Cecilia Woods	Ramsbottom Running Club	F60					35		35	
140	Rach Garner	Prestwich Ac	F45		35					35	

141	Susanne Smith	Unattached	F50	35			35
142	Toni Procter	Unattached	F35		35		35
143	Emma Garratt	Ramsbottom Running Club	F35			36	36
144	Claire St. John	Blackpool Wyre & Fylde AC	F40		37		37
145	Janet Lord	Unattached	F55	37			37
146	Andrea Beswick	Unattached	F45		38		38
147	Karen Goldswain	Rossendale Harriers	F55			39	39
148	Maxine Morton	Unattached	F45	39			39
149	Andrea Lambert	Unattached	F40		40		40
150	Charlotte Palmer	Trawden A/C	F			40	40
151	Jane Stirling	Holmfirth Harriers	F50		40		40
152	Karen Fazakerley	Baxenden Running Bugs	F40	40			40
153	Michelle Young	Rossendale Harriers	F45			42	42
154	Lorna Holt	Rossendale Harriers	F45			43	43
155	Pamela Mccullagh	Accrington Road Runners	F45		43		43
156	Bev Wright	Todmorden Harriers	F50			44	44
157	Judi Ingham	Red Rose Road Runners	F50		44		44
158	Candice Heys	British Triathlon	F40			45	45
159	Emily Ainsworth	Unattached	F		45		45
160	Leanne Finch	Red Rose Road Runners	F40		45		45
161	Vanessa Warren	Ribble Valley Runners	F50			45	45
162	Angela O'Hara	Trawden AC	F50		46		46
163	Donna Mazur	Blackburn Road Runners	F45			46	46
164	Alison Thorne	Unattached	F50		47		47
165	Lisa Corbett	Rossendale Harriers	F50			47	47
166	Elizabeth Allison	Trawden AC	F55		48		48
167	Helen Fisher	Baxenden Running Bugs	F35	49			49
168	Hilary Anson	Trawden AC	F60		49		49
169	Janette Daley	Trawden AC	F45			49	49
170	Katie Skelton	Ribble Valley Runners	F35		49		49
171	Isabel Akerstrom	Ramsbottom Running Club	F			50	50
172	Lisa Byrom	Unattached	F45		50		50
173	Deborah Hurst	Unattached	F45			51	51
174	Elaine Holdsworth	Trawden AC	F55			52	52
175	Julia Taylor	Clayton-le-Moors Harriers	F60		52		52
176	Zoe Alder	Baxenden Running Bugs	F45	52			52
177	Gemma Mcauley	Blackburn Road Runners	F35			53	53
178	Karen Clarkin	Clayton-le-Moors Harriers	F45		53		53
179	Janette Hall	Clayton-le-Moors Harriers	F45		54		54
180	Karen Leach	Ramsbottom Running Club	F40		54		54
181	Suzanne Murray	Unattached	F45	54			54
182	Clare Brame	Lonely Goat Rc	F		55		55
183	Debbie Alexander	Unattached	F55			55	55
184	Kelly Parkinson	Unattached	F40	55			55
185	Jane Hylands	Clayton-le-Moors Harriers	F45	56			56
186	Jillian Heywood	Royton Road Runners	F50		56		56
187	Lisa Horbury	Ramsbottom Running Club	F			56	56
188	Lynne Bullock	Unattached	F60			56	56
189	Kate Taylor	Ribble Valley Runners	F45		57		57
190	Lindsay Whitham	Trawden AC	F40		57		57
191	Nicola Mead	Ribble Valley Runners	F40			57	57
192	Samantha Abdoollah	Unattached	F35			57	57
193	Lynsey Austen	Ribble Valley Runners	F45		58		58
194	Sally Ralphson	Unattached	F		58		58
195	Linzi Lloyd-Henry	Prestwich Ac	F55		59		59
196	Helen Harrison	Barlick Fell Runners	F		60		60
197	Rachel Beard	Unattached	F			60	60
198	Sharon Tyrell	Unattached	F40				61
199	Susan Hird	Barlick Fell Runners	F65		61		61
200	Jenny Panton	Unattached	F35	62			62
201	Louise Porter	Unattached	F45			63	63
202	Tess Walker	Unattached	F40	63			63
203	Victoria Frost	Ramsbottom Running Club	F50		63		63
204	Alison Clews	Unattached	F50			65	65
205	Janet Hoyle	Accrington Road Runners	F60				66
206	Nicola Cassidy	Unattached	F40			66	66
207	Tracy Taylor	Trawden AC	F45		66		66
208	Jo Hardwick	Unattached	F55		67		67
209	Barbara Wilkinson	Unattached	F65			68	68
210	Isabelle Vignolle	Unattached	F40				68
211	Caroline Sturgess	Blackburn Road Runners	F40		69		69
212	Beverley Gigli	Blackpool Wyre & Fylde Athletics Club	F55		70		70
213	Gillian Pettigrew	Unattached	F65			70	70
214	Aileen Gallacher	Running4CF	F50			71	71
215	Stephanie Caldwell	Prestwich Ac	F65		72		72

216	Andrea Sidebottom	Ramsbottom Running Club	F60		73	73
217	Corinne Surkit	Unattached	F40		74	74
218	Nichola Cooke	Prestwich Ac	F	74		74
219	Cheryl Schofield	Lonely Goat Rc	F45	76		76
220	Joanne Houghton	Prestwich Ac	F55	78		78
221	Rachel Hughes	Trawden AC	F	79		79
222	Joanne Webber	Trawden AC	F55	80		80
223	Anna Forrester	Unattached	F	82		82
224	Caitlin Brown	Unattached	F	83		83
225	Caroline McGlynn-Milner	Unattached	F40	84		84
226	Julie Marsden	Blackburn Road Runners	F45	86		86
227	Julie Brear	Trawden AC	F40	89		89
228	Linda Smith-Egan	Darwen Dashers	F55	90		90
229	Viki Walsh	Darwen Dashers	F40	91		91
230	Diane Ford	Ramsbottom Running Club	F45	92		92
231	Helen Mcvey	Ramsbottom Running Club	F50	99		99