

	Name	club	cat	Sabden Trail	Trawden Trail	Hendon Brook	Towneley 10K	Greenway 5K	Hameldon	best from 3	Best 6	Best from 5	Best from 4	best from 2	Best from 1
1	Hannah Jarvis	Accrington Road Runners	F35			1		1	1	3	-	-	-	2	1
2	Emma Richardson	Rossendale Harriers	FS				1	2	3	6	-	-	-	3	1
3	April Thorpe	Unattached	FS		2	2			2	6	-	-	-	4	2
4	Molly Ralphson	Barlick Fell Runners	F45	2	5	5	2	3	5	7	22	17	12	4	2
5	Jacqueline Collins	Barlick Fell Runners	F40	1	6	3				10	-	-	-	4	1
6	Liz Ensor	Wharfedale Harriers	F40		3			4	4	11	-	-	-	7	3
7	Sophie Pilkington	Red Rose Road Runners	FS	3			4	5		12	-	-	-	7	3
8	Catherine Derbyshire	Accrington Road Runners	F45	4	9		7		7	18	-	-	27	11	4
9	Sue Burns	Unattached	F60	7			6	8	8	21	-	-	29	13	6
10	Laura Craig	Barlick Fell Runners	F		8		9	7	6	21	-	-	30	13	6
11	Lucy Brown	Barlick Fell Runners	F35	6	13	10			9	25	-	-	38	15	6
12	Sophie Howard	Rossendale Harriers	FS	5			11	12	11	27	-	-	39	16	5
13	Dawn Ridsdale	Clayton-le-Moors Harriers	F35	8	14	8	21		19	30	-	70	49	16	8
14	Julie Townson	Trawden AC	F60	11	12	14		14		37	-	-	51	23	11
15	Dany Robson	Unattached	F50	13	16	13	13	17		39	-	72	55	26	13
16	Clare Smallwood	Keighley & Craven AC	F50				12	15	14	41	-	-	-	26	12
17	Emma Pease	Barlick Fell Runners	F40	9	22		16			47	-	-	-	25	9
18	Tracy Mitchell	Clayton Le Moor Harriers	F45		17		14	16		47	-	-	-	30	14
19	Michelle Sumner	Unattached	F40	50	24	16	15	18	17	48	140	90	66	31	15
20	Davina Raidy	Rossendale Harriers	F50	17	25		25	25	16	58	-	108	83	33	16
21	Irene Roche	Clayton-le-Moors Harriers	F60	23		22	18	21	20	59	-	104	81	38	18
22	Katharine Gregson	Accrington Road Runners	F45	22	46	18		20	26	60	-	132	86	38	18
23	Janette Wallis	Clayton-le-Moors Harriers	F55	16			27	23	21	60	-	-	87	37	16
24	Lynn Whittaker	Wharfedale Harriers	F55	19	30		22	22	22	63	-	115	85	41	19
25	Emily Nolan	Ennerdale Road Runners	F35	20	26	17				63	-	-	-	37	17
26	Stephanie Mcardle-Watson	Trawden AC	FS		28	19	19			66	-	-	-	38	19
27	Lisa Ingham	Blackburn Road Runners	F50	18	31				18	67	-	-	-	36	18
28	Katie Towers	Barlick Fell Runners	F35	26	27	15				68	-	-	-	41	15
29	Gemma Carson	Barlick Fell Runners	F35	24	34		24	24		72	-	-	106	48	24
30	Lisa Ellis	Clayton-le-Moors Harriers	F35	37	45	27	26	27	24	77	186	141	104	50	24
31	Vanessa Mccartney	Worsthorne with Hurstwood	F45	32	47	33	28	40	27	87	207	160	120	55	27
32	Gail Bamber	Blackburn Road Runners	F45	27	36			35	25	87	-	-	123	52	25
33	Alexandra Mikita	Worsthorne with Hurstwood	F40	30		36	31	39	30	91	-	166	127	60	30
34	Julia Rushton	Clayton-le-Moors Harriers	F55	39	41			26	28	93	-	-	134	54	26
35	Sissel Lundberg-Bury	Rossendale Harriers	F55	46	53	29	42	41	23	93	234	181	135	52	23
36	Helen Harrison	Clayton-le-Moors Harriers	F50	41	44	30	30	36		96	-	181	137	60	30
37	Debra Leah	Trawden AC	F50	38		32	32	37	35	99	-	174	136	64	32
38	Hayley Copeman	Unattached	F50	42	48	37	33		39	109	-	199	151	70	33
39	Sarah Jane Ashworth	Clayton-le-Moors Harriers	F35	43		31	36	42		109	-	-	152	67	31
40	Rachel Gilmore	Clayton-le-Moors Harriers	F50	44	52		38	43	31	112	-	208	156	69	31
41	Jessica Dixon	Trawden AC	FS	45	81	39	39	55	34	112	293	212	157	73	34
42	Janet Rogers	Worsthorne with Hurstwood	F60	47			37	44		128	-	-	-	81	37
43	Sharon Webber	Trawden AC	F45	53	77	56	48	54	36	137	324	247	191	84	36
44	Cath Kippax	Running4CF	F45	57		42		38		137	-	-	-	80	38
45	Clare Mead	Trawden AC	F50	70	87	59	50	56	41	147	363	276	206	91	41
46	Lynne Hawthornthwaite	Trawden AC	F40	69	88	60	51	58	40	149	366	278	209	91	40
47	Maxine Betts	Trawden AC	F50	61	93		41	47		149	-	-	242	88	41
48	Karin Goss	Clayton-le-Moors Harriers	F70	67	85		53	59	38	150	-	302	217	91	38
49	Helen Beech	Trawden AC	F35	65	94		44	50		159	-	-	253	94	44
50	Karen Windle	Trawden AC	F60		64	51		52		167	-	-	-	103	51
51	Gillian Greenwood	Trawden AC	F55	66	97		54	61		181	-	-	278	115	54
52	Caroline Richards	Worsthorne with Hurstwood	F50	59	75	47				181	-	-	-	106	47
53	Linda Ensby	Trawden AC	F55		98		55	62		215	-	-	-	117	55
54	Sharon Wilson	Clayton-le-Moors Harriers	F45	71	100			64		235	-	-	-	135	64
55	Amy Mckechnie	Queensbury	F40		4		3			-	-	-	-	7	3
56	Jo Perry	Trawden AC	F40		10	7				-	-	-	-	17	7
57	Michelle Abbott	Clayton-le-Moors Harriers	F40				8	11		-	-	-	-	19	8
58	Lisa Miles	Littleborough Runners	F50		18	9				-	-	-	-	27	9
59	Barbara Savage	Clayton-le-Moors Harriers	F55				17		10	-	-	-	-	27	10
60	Teresa De Curtis	Clayton-le-Moors Harriers	F45	10		21				-	-	-	-	31	10
61	Hannah Newbold	Barlick Fell Runners	FS				20		12	-	-	-	-	32	12
62	Fran Connolly	Blackpool Wyre & Fylde Athletics Club	F40		21				15	-	-	-	-	36	15
63	Joanne Motley	Clayton-le-Moors Harriers	F35	21				33		-	-	-	-	54	21
64	Jen Sethi	Trawden AC	FS		32	23				-	-	-	-	55	23
65	Sophie Ashworth	Clayton-le-Moors Harriers	FJ	25	38					-	-	-	-	63	25
66	Rebecca Pickering	Unattached	FS	34				32		-	-	-	-	66	32
67	Kate Griffiths	Unattached	F45	36				31		-	-	-	-	67	31

68	Tessa Walmsley	Trawden AC	F35	33	42		-	-	-	-	75	33	
69	Jennifer Burtonwood	Blackpool Wyre & Fylde Athletics Club	F55		51	32	-	-	-	-	83	32	
70	Rachael Strutz	Unattached	F40	51	40		-	-	-	-	91	40	
71	Rebecca Bradshaw	Trawden AC	F5		50	41	-	-	-	-	91	41	
72	Cheryl Rickwood	Blackpool Wyre & Fylde Athletics Club	F40		62	33	-	-	-	-	95	33	
73	TJ Ellis	Clayton-le-Moors Harriers	FJ	68		29	-	-	-	-	97	29	
74	Eileen Wadsworth	Rossendale Harriers	F60			46	51	-	-	-	-	97	46
75	Elouise Sylkie Pemberton	Trawden AC	F		65	34	-	-	-	-	99	34	
76	Christine Smith	Rossendale Harriers	F45	64		49	-	-	-	-	113	49	
77	Jen Royle	Running4CF	F45	58	55		-	-	-	-	113	55	
78	Anne Beech	Barlick Fell Runners	F50	48	68		-	-	-	-	116	48	
79	Emma Greenwood	Worsthorne with Hurstwood	F45	60	73		-	-	-	-	133	60	
80	Julie Carman	Trawden AC	F65		95	67	-	-	-	-	162	67	
81	Helen Smith	Ribble Valley Harriers	F		1		-	-	-	-	-	1	
82	Emma Taylor	Barlick Fell Runners	F5		4		-	-	-	-	-	4	
83	Miranda Bower	Unattached	F5			5	-	-	-	-	-	5	
84	Rebecca Rimmington	Clayton-le-Moors Harriers	F35			6	-	-	-	-	-	6	
85	Victoria Rogan	Trawden AC	F35		6		-	-	-	-	-	6	
86	Christina Singleton	Unattached	F40		7		-	-	-	-	-	7	
87	Claire Vincent	Clayton-le-Moors Harriers	F35			9	-	-	-	-	-	9	
88	Hannah Thornberry	Ribble Valley Runners	F40			10	-	-	-	-	-	10	
89	Lisa Parker	Accrington Road Runners	F40			10	-	-	-	-	-	10	
90	Hayley Whitehead	Barlick Fell Runners	F		11		-	-	-	-	-	11	
91	Janette Rayton	Red Rose Road Runners	F40		11		-	-	-	-	-	11	
92	Isabel Hartley	Clayton-le-Moors Harriers	FJ	12			-	-	-	-	-	12	
93	Marta Czezelewska	Unattached	F40		12		-	-	-	-	-	12	
94	Helen Roden	Ribble Valley Runners	F35			13	-	-	-	-	-	13	
95	Jacqueline Shaw	Unattached	F50			13	-	-	-	-	-	13	
96	Deborah Robinson	Blackburn Road Runners	F35	14			-	-	-	-	-	14	
97	Hannah Eccles	Clayton-le-Moors Harriers	FJ	15			-	-	-	-	-	15	
98	Rebecca Ward	Chorley Athletic and Tri Club	F		15		-	-	-	-	-	15	
99	Hayley Haworth	Thornton Cleveleys Running Club	F		19		-	-	-	-	-	19	
100	Laura Butler	Unattached	F35			19	-	-	-	-	-	19	
101	Nicola Muller	Barlick Fell Runners	F45		20		-	-	-	-	-	20	
102	Zoe Smith	Keighley and Craven	F		20		-	-	-	-	-	20	
103	Heidi O'Shea	Holmfirth Harriers	F40			23	-	-	-	-	-	23	
104	Wendy Barrett	Unattached	F	23			-	-	-	-	-	23	
105	Rachel Robinson	Unattached	F35		24		-	-	-	-	-	24	
106	Helen Walsh	Unattached	F5		25		-	-	-	-	-	25	
107	Vicky Thornton	Unattached	F5		26		-	-	-	-	-	26	
108	Louane Frances	Trawden AC	F40		28		-	-	-	-	-	28	
109	S. Posthuma De Boer	Ribble Valley Runners	F40			28	-	-	-	-	-	28	
110	Victoria Lingard	Unattached	F50	28			-	-	-	-	-	28	
111	Heather Roston	Todmorden Harriers	F40			29	-	-	-	-	-	29	
112	Justine Jordan	Trawden AC	F45		29		-	-	-	-	-	29	
113	Natasha Meadowcroft	Baxenden Running Bugs	F5	29			-	-	-	-	-	29	
114	Jane Leonard	Todmorden Harriers	F60			29	-	-	-	-	-	29	
115	Helen Jordan	Unattached	F35			30	-	-	-	-	-	30	
116	Elaine Corcoran	Trawden AC	F40	31			-	-	-	-	-	31	
117	Elizabeth Guirguis	Prestwich Ac	F45		33		-	-	-	-	-	33	
118	Margaret Worbey	Red Rose Road Runners	F40		34		-	-	-	-	-	34	
119	Anneke Crosby	Red Rose Road Runners	F55		35		-	-	-	-	-	35	
120	Rach Garner	Prestwich Ac	F45		35		-	-	-	-	-	35	
121	Susanne Smith	Unattached	F50	35			-	-	-	-	-	35	
122	Toni Procter	Unattached	F35			35	-	-	-	-	-	35	
123	Janet Lord	Unattached	F55		37		-	-	-	-	-	37	
124	Claire St. John	Blackpool Wyre & Fylde AC	F40			37	-	-	-	-	-	37	
125	Andrea Beswick	Unattached	F45		38		-	-	-	-	-	38	
126	Maxine Morton	Unattached	F45		39		-	-	-	-	-	39	
127	Andrea Lambert	Unattached	F40		40		-	-	-	-	-	40	
128	Jane Stirling	Holmfirth Harriers	F50			40	-	-	-	-	-	40	
129	Karen Fazakerley	Baxenden Running Bugs	F40	40			-	-	-	-	-	40	
130	Helen Binns	Ramsbottom Running Club	F45		43		-	-	-	-	-	43	
131	Pamela Mccullagh	Accrington Road Runners	F45		43		-	-	-	-	-	43	
132	Sheila Shackleton	Todmorden Harriers	F60			43	-	-	-	-	-	43	
133	Judi Ingham	Red Rose Road Runners	F50		44		-	-	-	-	-	44	
134	Emily Ainsworth	Unattached	F5			45	-	-	-	-	-	45	
135	Leanne Finch	Red Rose Road Runners	F40		45		-	-	-	-	-	45	
136	Vanessa Warren	Ribble Valley Runners	F50			45	-	-	-	-	-	45	
137	Angela O'Hara	Trawden AC	F50		46		-	-	-	-	-	46	
138	Donna Mazur	Blackburn Road Runners	F45			46	-	-	-	-	-	46	
139	Alison Thorne	Unattached	F50			47	-	-	-	-	-	47	
140	Claire Dandridge	Unattached	F45			48	-	-	-	-	-	48	
141	Elizabeth Allison	Trawden AC	F55		48		-	-	-	-	-	48	
142	Helen Fisher	Baxenden Running Bugs	F35	49			-	-	-	-	-	49	

143	Hilary Anson	Trawden AC	F60	49	-	-	-	-	-	49
144	Janette Daley	Trawden AC	F45		49	-	-	-	-	49
145	Katie Skelton	Ribble Valley Runners	F35	49		-	-	-	-	49
146	Lisa Byrom	Unattached	F45	50		-	-	-	-	50
147	Elaine Holdsworth	Trawden AC	F55		52	-	-	-	-	52
148	Julia Taylor	Clayton-le-Moors Harriers	F60	52		-	-	-	-	52
149	Zoe Allder	Baxenden Running Bugs	F45	52		-	-	-	-	52
150	Gemma Mcauley	Blackburn Road Runners	F35		53	-	-	-	-	53
151	Karen Clarkin	Clayton-le-Moors Harriers	F45	53		-	-	-	-	53
152	Janette Hall	Clayton-le-Moors Harriers	F45	54		-	-	-	-	54
153	Karen Leach	Ramsbottom Running Club	F40	54		-	-	-	-	54
154	Suzanne Murray	Unattached	F45	54		-	-	-	-	54
155	Clare Brame	Lonely Goat Rc	F	55		-	-	-	-	55
156	Kelly Parkinson	Unattached	F40	55		-	-	-	-	55
157	Jane Hylands	Clayton-le-Moors Harriers	F45	56		-	-	-	-	56
158	Jillian Heywood	Royton Road Runners	F50	56		-	-	-	-	56
159	Lynne Bullock	Unattached	F60		56	-	-	-	-	56
160	Kate Taylor	Ribble Valley Runners	F45	57		-	-	-	-	57
161	Lindsay Whitham	Trawden AC	F40	57		-	-	-	-	57
162	Nicola Mead	Ribble Valley Runners	F40		57	-	-	-	-	57
163	Samantha Abdoollah	Unattached	F35		57	-	-	-	-	57
164	Lynsey Austen	Ribble Valley Runners	F45	58		-	-	-	-	58
165	Sally Ralphson	Unattached	F	58		-	-	-	-	58
166	Linzi Lloyd-Henry	Prestwich Ac	F55	59		-	-	-	-	59
167	Helen Harrison	Barlick Fell Runners	F	60		-	-	-	-	60
168	Rachel Beard	Unattached	F5		60	-	-	-	-	60
169	Susan Hird	Barlick Fell Runners	F65	61		-	-	-	-	61
170	Jenny Panton	Unattached	F35	62		-	-	-	-	62
171	Louise Porter	Unattached	F45		63	-	-	-	-	63
172	Tess Walker	Unattached	F40	63		-	-	-	-	63
173	Victoria Frost	Ramsbottom Running Club	F50	63		-	-	-	-	63
174	Alison Clews	Unattached	F50		65	-	-	-	-	65
175	Nicola Cassidy	Unattached	F40		66	-	-	-	-	66
176	Tracy Taylor	Trawden AC	F45	66		-	-	-	-	66
177	Jo Hardwick	Unattached	F55	67		-	-	-	-	67
178	Barbara Wilkinson	Unattached	F65		68	-	-	-	-	68
179	Caroline Sturgess	Blackburn Road Runners	F40	69		-	-	-	-	69
180	Christine Leathley	Clayton-le-Moors Harriers	F70		69	-	-	-	-	69
181	Beverley Gigli	Blackpool Wyre & Fylde Athletics Club	F55	70		-	-	-	-	70
182	Gillian Pettigrew	Unattached	F65		70	-	-	-	-	70
183	Aileen Gallacher	Running4CF	F50		71	-	-	-	-	71
184	Marissa Mcphillips	Ramsbottom Running Club	F45	71		-	-	-	-	71
185	Stephanie Caldwell	Prestwich Ac	F65	72		-	-	-	-	72
186	Nichola Cooke	Prestwich Ac	F	74		-	-	-	-	74
187	Cheryl Schofield	Lonely Goat Rc	F45	76		-	-	-	-	76
188	Joanne Houghton	Prestwich Ac	F55	78		-	-	-	-	78
189	Rachel Hughes	Trawden AC	F	79		-	-	-	-	79
190	Joanne Webber	Trawden AC	F55	80		-	-	-	-	80
191	Anna Forrester	Unattached	F	82		-	-	-	-	82
192	Caitlin Brown	Unattached	F	83		-	-	-	-	83
193	Caroline McGlynn-Milner	Unattached	F40	84		-	-	-	-	84
194	Julie Marsden	Blackburn Road Runners	F45	86		-	-	-	-	86
195	Julie Brear	Trawden AC	F40	89		-	-	-	-	89
196	Linda Smith-Egan	Darwen Dashers	F55	90		-	-	-	-	90
197	Viki Walsh	Darwen Dashers	F40	91		-	-	-	-	91
198	Diane Ford	Ramsbottom Running Club	F45	92		-	-	-	-	92
199	Karen Figiel	Accrington Road Runners	F55	96		-	-	-	-	96
200	Helen Mcvey	Ramsbottom Running Club	F50	99		-	-	-	-	99